

Update on Post-Deployment Health Clinical * Practice Guideline (PDH-CPG)*

Dori Rogut, APRN, BC Mary Vaeth, MD, MS, COL (USA Retired) 8th Annual Force Health Protection Conference 10 August 2005

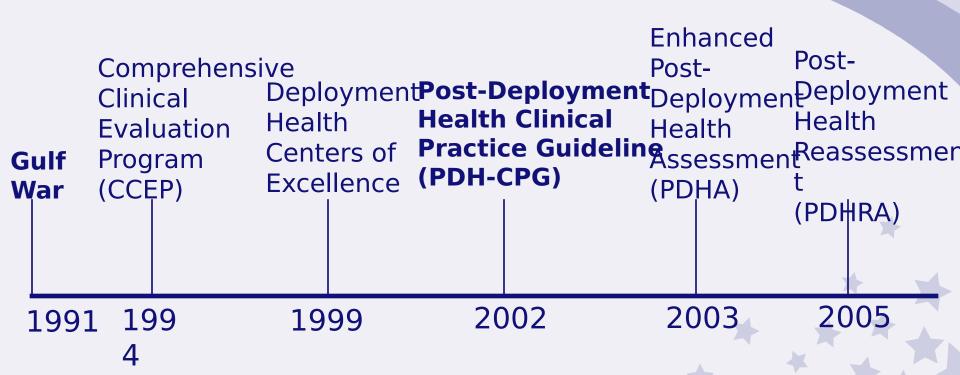
Learning Objectives



- Describe the PDH-CPG and accompanying tools
 - Identify changes and new developments to the PDH-CPG and its tools
 - ◆ Describe the role of the Staff Training and Assistance Team (STAT) in command and clinical consultation for PDH-CPG implementation

DoD Post-Deployment Health (Programs Timeline





Post-Deployment Health Clinical Practice Guideline (PDH-CPG)

- ◆ DoD/VA Post-Deployment Health Evaluation and Management Clinical Practice Guideline (PDH-CPG)
 - Evidence-based guideline for the evaluation and management of patients with deployment-related health concerns/conditions in the primary care setting
 - Completed by an expert multi-disciplinary, multiagency panel in 2001
 - Initiated with a worldwide satellite broadcast January 2002 and distribution of a Tool Kit to all MTFs
 - No change since 2002 except modified coding guidance

PDH-CPG Use Mandated by Health Affairs - April 2002





THE ASSISTANT SECRETARY OF DEFENSE

1200 DEFENSE PENTAGON WASHINGTON, DC 20301-1200

APR 2

HEALTH AFFAIRS

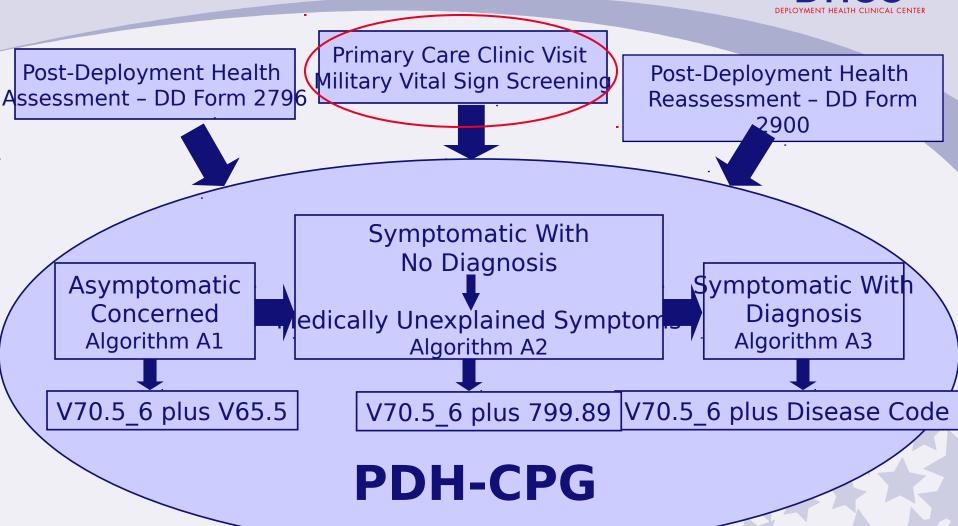
MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER AND
RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE NAVY (MANPOWER AND
RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE AIR FORCE (MANPOWER
AND RESERVE AFFAIRS)

SUBJECT: Policy Memorandum -- Implementation of the Post-Deployment Health Clinical Practice Guideline

"All DoD military treatment facilities should now be using the Post-Deployment Health Clinical Practice Guideline ...the military unique vital sign question 'Is the reason for your visit today related to a deployment?' should be asked of every patient...providers will review and employ, as needed, this guideline during their evaluations..."

Overview of PDH-CPG





Deployment-Related Question Military Unique Vital Sign

- ♠ All persons should be asked "Is your health concern today related to a deployment?" at every primary care visit except wellness visits (e.g. periodic exams and preventive care)
- Patient rather than provider determination
- Percentage of positive responses
 - <1% during 2001 testing (Bragg, Lejeune, McGuire)</p>
 - 2.8% AD vs 0.2% FM in NQMP study published Dec 04
 - 5-8% in current data reviews

Asymptomatic Concerned Algorithm A1 - Definition and Management

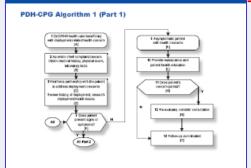


Definiti

- Expres a health concern, but does not exhibit or describe any discernable illness or injury
- Concerns may be related to
 - Illness
 - Vaccine or medication
 - Exposure or anticipated exposure
 - Personal experience
 - News media, Internet, etc.

Manageme

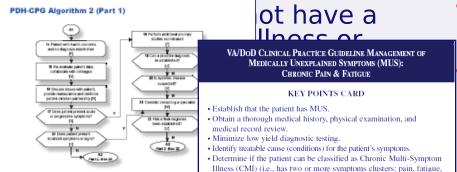
- Use Algorithm A1
- Identify patient's health and exposure concerns
- Provide patient education
- Schedule a 30 minute follow-up visit, if concern persists re-evaluate
- Research the concerns. Consult www.PDHealth.mil
- Document in chart and code V70.5_6 plus V65.5 in ADM



Medically Unexplained Symptoms Algorithm A2 Definition and Management Management



- Symptoms that remain unexplained after an appropriate medical assessment that includes focused diagnostic testing
- Highly recommended that >2 visits be completed before concluding that the



cognitive dysfunction, or sleep disturbance).

Manageme

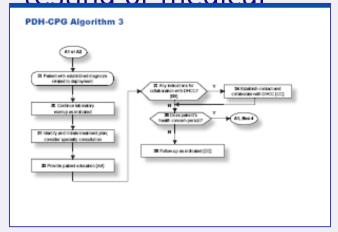
- Consult with Clinicians Helpline Refer to MUS CPG
- Provide patient education
- Emphasize self-management strategies to improve functional status and quality of life
- Involve family or other support systems, when possible
- Maintain regular follow-up to monitor changes in status
- Document in chart and code V70.5_6 plus 799.89 in ADM

Established Diagnosis Algorithm A3 - Definition and Management



Definitio

Clinically defined injury or disease based on objective and reproducible clinical findings on examination, laboratory testing or medical



Management

- Evaluate patient and establish a diagnosis
- Manage per applicable disease-specific clinical practice guideline
- Consult www.PDHealth.mil and Specialty Care as needed
- Provide patient information
- Document in chart
- ◆ Code in ADM using V70.5_6 plus
 - diagnosis-specific code
- Follow-up to monitor status

Original 2002 PDH-CPG Tool Kit

DHCC DEPLOYMENT HEALTH CLINICAL CENTER

- Large, heavy 23" x 12" x 11" canvas satchel containing:
 - 2.5" three-ring binder
 - Narrative CPG with questionnaires
 - Sample/description of each tool and support strategy
 - 8.5" x 11" Provider Reference Cards
 - Documentation form (DD Form 2844)
 - Clinic stamps
 - Reference book(s)
 - List of related Web sites
 - Patient informational brochures
 - Patient marketing tools



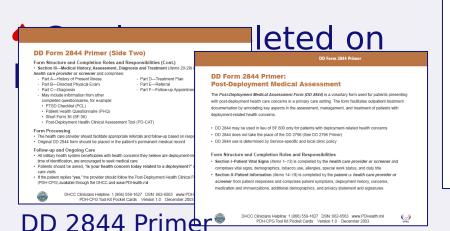
Contents on www.PDHealth.mil

DD Form 2844 - Post Deployment Medical Assessmen Form and

PrimerOptional form

Used in place of SF600

for documenting postdeployment evaluation



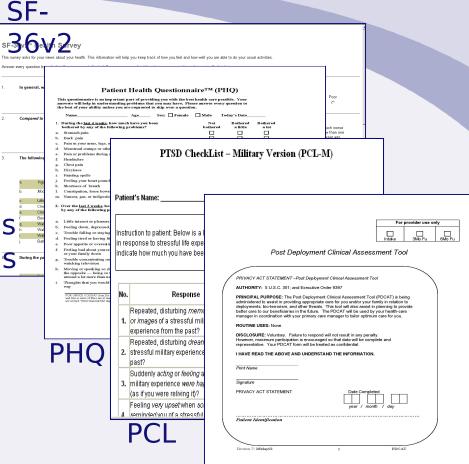
DD Form 2844

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Assessment and Outcome Tool Resources

DHCC DEPLOYMENT HEALTH CLINICAL CENTER

- SF-36v2 Health Survey
 - Short measure of healthrelated quality of life
- PHQ Patient Health Questionnaire
 - Screens and monitors status of common health conditions
- PCL Post Traumatic Stress Disorder Checklists
 - Assesses trauma-related distress
- ◆ PDCAT Post Deployment Health Clinical Assessment



PDCAT

Forms and primers on www.PDHealth.mil

Tool

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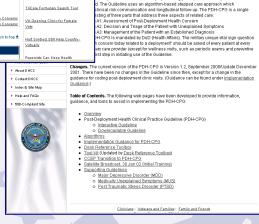
PDH-CPG Web-Based Resources www.PDHealth.mil

- PDH Guidelines
 - Overview
 - Guideline
 - Algorithms
 - **Implementation**
 - **Desk Reference Toolbox**
 - Tool Kit (Updated by Toolbox)
 - CCEP Transition
 - Broadcast, 30 Jan 2002
 - Supporting Guidelines
 - Major Depressive Disorder (MDD)
 - Medically Unexplained Symptoms (MUS)
 - Post Traumatic Stress Disorder (PTSD)



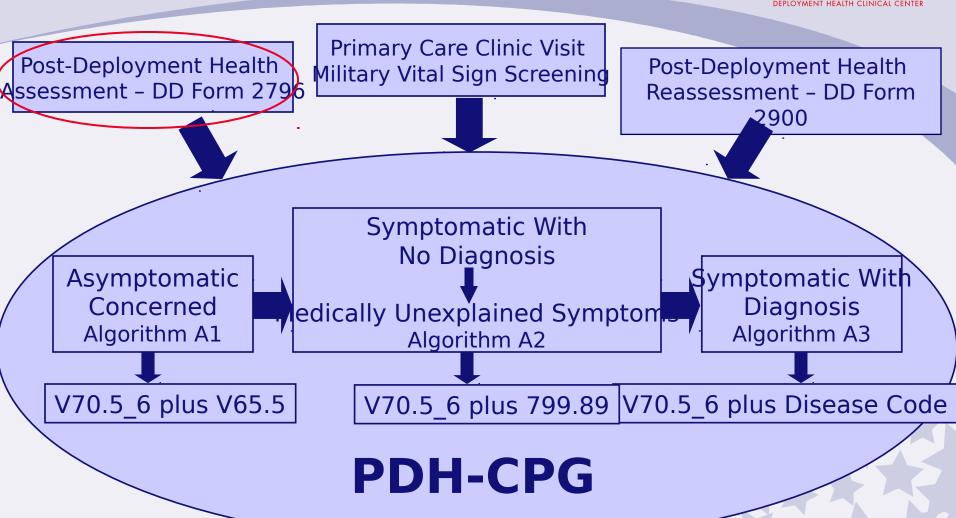
PDH Guidelines

nsider related to a deployment: e.g., family members of personnel who



Key Elements of PDH-CPG



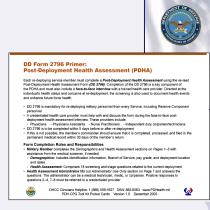


Enhanced PDHA Process www.PDHealth.mil



- Guidance for Completing DD Form 2796
- PDHA Policies & Directives
- Deployment Exposures Information
- Redeployment Briefing
- PDHA Training Videos







FY 2004 NQMP Study of PDH-CPG Implementation



- National Quality Management Program (NQMP) Study
- Methodology Random sample of MTFs resulted in 66 Active Duty and 75 Non-active Duty sites; review of medical records of random sample of enrollees
- Results
 - 53% AD and 66% NAD screened for deployment-related concern
 - 74% Army, 63% Air Force, 36% Navy MTFs screened their enrollees
 - Deployment-related concerns detected in 2.8% AD and 0.2% NAD (54% in Army MTFs)
 - Among the 100 beneficiaries with a deployment-related concern, 40% had no documentation of evaluation or management of the concern

PDH-CPG Desk Reference Toolbox

DHCC
DEPLOYMENT HEALTH CLINICAL CENTER

- Desktop-Sized Laminated Box
 - Desk Reference Cards
 - Compact Discs
 - Interactive PDH-CPG
 - MEDCOM CD of Other CPGs
 - 2 PDH-CPG Training CDs
 - Sample Clinician and Patient Brochure
 - Contact Information and Resources

 PDH-CPG Guideline Elements

 Specific Medical Conditions and Concerns

Risk Communication

Training

Screening and Outcome Measures

Process Improvement and Metrics



Contents on www.PDHealth.mil

Toolbox Table of Contents



- ◆ Contact Information and Resources: Quick and easy access to phone and electronic information sources
- ◆ PDH Guideline Elements: PDH-CPG algorithms and clinic visit guidance
- ♣ Specific Medical Conditions and Concerns: Summary information on managing a variety of deployment-related health concerns e.g., Depleted Uranium
- Risk Communication: Methods to integrate health risk communication into a deployment-related healthcare encounter
- Screening and Outcome Measures: Primers for forms used during deployment-related healthcare visits e.g., DD Form 2796
- Training: A brief summary of currently available PDH-CPG education and training materials
- Process Improvement and Metrics: A summary of metrics used in deployment-related healthcare

PDH-CPG Training Multi-Media(/

DHCC
DEPLOYMENT HEALTH CLINICAL CENTER

- PDH-CPG Training Briefs
 - 7 video modules from 7-12 minutes on PDH-CPG and DD Forms 2795-2796
 - Developed for providers and support sta
- The Epic of Gilgamesh
 - 15 minute animated video on PDH-CPG
 - Produced by VA for providers, support staff, service members and families
- Deployment Health Clinical Training Series
 - 11 modules from 17-47 minutes on PDH-CPG, Emerging Health Concerns and DD Forms 2795-2796
 - Developed for providers and support sta

Located on www.PDHealth.mil and on CD in Toolbox



Toolbox Distribution July 2004 - Present



	Army	Air Force	Navy/ Marines
Service POC	COL Margaret Hawthorne MEDCOM	Lt Col Sandra Witthauer AFMSA	Mr Steven Heaston NEHC
MTF POC	QI/UM Managers	Health Care Integrators (HCI)	Clinicians/Clinic Managers
# of MTFs	44	76 plus Sheppard School	31*
# of Toolboxes	3111	1523	1584

Distribution began in Jul 04 and is complete except for *Navy Fleet as of 30 Jun

Learning Objectives



- Describe the PDH-CPG and accompanying tools
- Identify changes and new developments to the PDH-CPG and its tools
- ◆ Describe the role of the Staff Training and Assistance Team (STAT) in command and clinical consultation for PDH-CPG implementation

How to Code Post-Deployment Visits



- Primary ICD-9-CM code: V70.5_ 6
 - Definition: "A visit used to evaluate, clarify, treat, or provide information regarding one or more patient or provider based post-deployment health concerns."
 - Does not necessarily establish or imply causality between any of the provider's diagnoses and any particular deployment
 - Used for deployment health concerns and PDHA exams
- Secondary ICD-9-CM code: Diagnosis-specific code
- ♠ E & M codes used to differentiate CPG from PDHA visits

Revisions in Coding Since PDH-CPG Initiated



- Post-Deployment Code V70.5_6
 - Changed from secondary to primary position in 2003
 - Changed from V70.5__6 to V 70.5_6 in 2003
- Medically Unexplained Symptoms Code
 - Added fifth digit in 2005 = 799.89

Coding and billing forms should be changed to reflect the revised codes

Revised PDH Visit Coding Desk Reference Card



- ◆Revised May 2005
- ♠Revisions include:
 - Changed V70-5 6 to V70.5 6
 - New MUS code 799.89
- ♠Available on DHCC Web site www.PDHealth.mil

PDH Visit Coding

At All Deployment-Related Visits at least two ICD* codes must be assigned and documented by the provider. (For a description of deployment-related visits, see the PDH Clinic Visit Desk Reference Card.)

In Primary Position: V70.5_6, Deployment-Related Visit

In Secondary Position: ICD Code(s) for Deployment-Related Presenting Problem(s):

- Asymptomatic Concerned V65.5
- Specific Diagnosis or Symptom(s) Applicable ICD diagnosis-specific or symptom-specific code(s)
- Medically Unexplained Symptoms (MUS) or Medically Unexplained Physical Symptoms (MUPS) - 799.89 (For a description of MUS/MUPS, consult the Medically Unexplained Symptoms Desk Reference Card)

* ICD - International Classification of Diseases



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> Deployment-Related was exposed to something in Kuwait on mission two years ago. Work-up to date is complete, but negative.



PDH

ICD Diagnosis Code & Definition

(person with feared complaint in whom no diagnosis was made)

783.21 (abnormal weight loss)

085.2 (leishmaniasis, cutaneous, Asian desert)

(other ill-defined conditions and unknown causes of morbidity)



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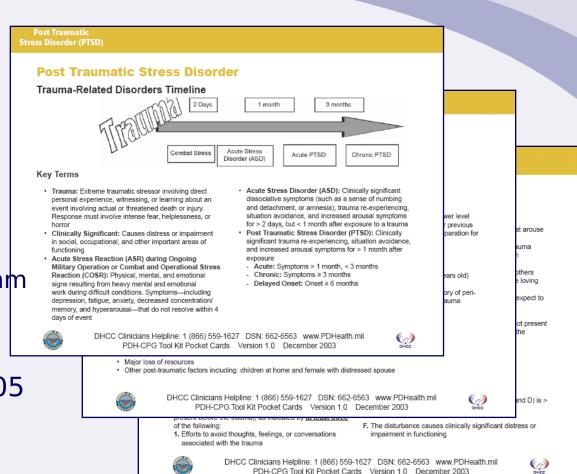




New PTSD Desk Reference Card

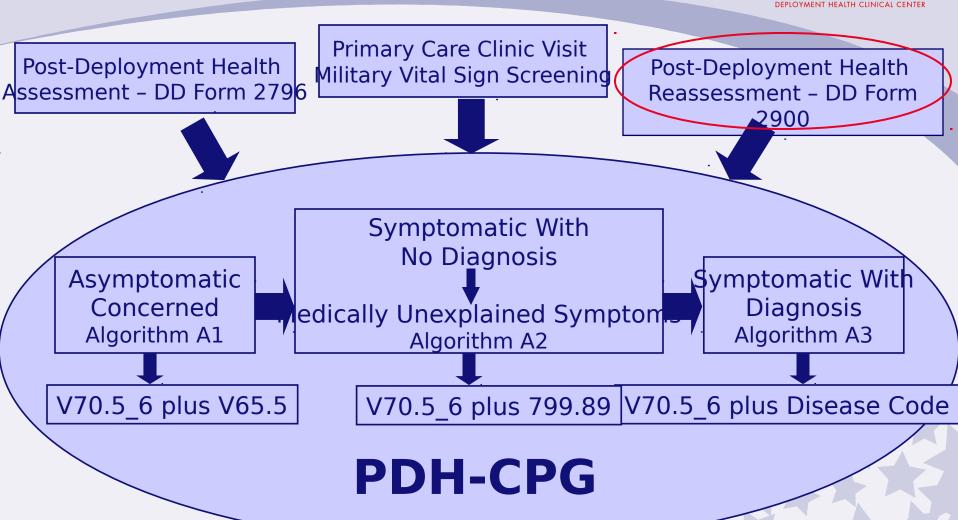
DHCC DEPLOYMENT HEALTH CLINICAL CENTER

- ◆ Six-sided card on Post Traumatic Stress Disorder includes:
 - Trauma-Related
 Disorders Timeline
 - Risk Factors
 - DSM-IV-TR Criteria
 - Diagnosis
 - Primary Care Algorithm
 - Treatment Options
- ♣ Included in Toolboxes distributed since Jan 05
- Posted on www.PDHealth.mil



Key Elements of PDH-CPG





New DD Form 2900 Primer Desk Reference Card



- ◆ Two-sided card on DD Form 2900, Post-Deployment Health Reassessment (PDHRA) includes:
 - Roles and responsibilities o Service Members and Health Care Providers
 - Documentation
 - Follow-up and Ongoing Care
- Created June 2005
- ♠ Available on www.PDHealth.mil

DD Form 2900 Primer

DD Form 2900 Primer: Post-Deployment Health Reassessment (PDHRA)

The Post-Deployment Health Reassessment rusing the Post-Deployment Health Reassessment Form (DD 2000) is designed for every service member who returns from an operational deployment that required the completion of a Post-Deployment Health Assessment, or PDHA, using the DD Form 2796. The purpose of the reassessment is to identify health concerns that have emerged over time following the most recent deployment and assist in more fully addressing the military member's health care needs and concerns. All health concerns identified on the DD 2000 must be reviewed and discussed with a credentialed health care provider.

- All re-deployed military personnel from every Service, including Reserve Component personnel, must be provided the opportunity to complete the PDHRA.
- Credentialed health care providers, who are responsible for reviewing and discussing health concerns with the military member, include:
- Physicians

- Nurse practitioners
- Physician assistants
 Independent duty corpsmen/technicians
 DD 2900 is to be completed using an electronic or Web-enabled form between 90 and 180 days (preferably
- 120–150 days) after return to home station from a deployment
- For injured individuals who required hospitalization or extended treatment in a military medical treatment facility before return to home station, the PDHRA is conducted 90 to 180 days after their return home

Military Member Roles and Responsibilities

- . Military Member completes the Demographics and Health History sections
- Demographics: Includes identification and contact information, service branch, pay grade, and deployment location
- Health History: Comprises 16 screening and triage questions designed to identify health concerns and conditions that may have emerged following the most recent deployment as well as the types of information and assistance that the member would like to have



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Follow-up and Ongoing Care

- · An active case management process is important for ensuring that care is received
- Providers caring for patients with deployment-related concerns should follow the DoD/VA Post-Deployment Health Clinical Practice Guideline (PDH-CPG)
- Additional information on the PDHRA Program and the PDH-CPG are available on the DHCC Web site: www.PDHealth.mil or by contacting the DHCC Clinicians Helpline



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PDHRA Process www.PDHealth.mil



- ◆Guidance for Completing DD Form 2900
- ◆ PDHRA Policies & Directive Semerging Health Concerns
- ♠ Information for Concerns Related to
 - Deployment Exposures
 - Medical
 - Behavioral Health
- Health Care Resources
- PDHRA Training Material



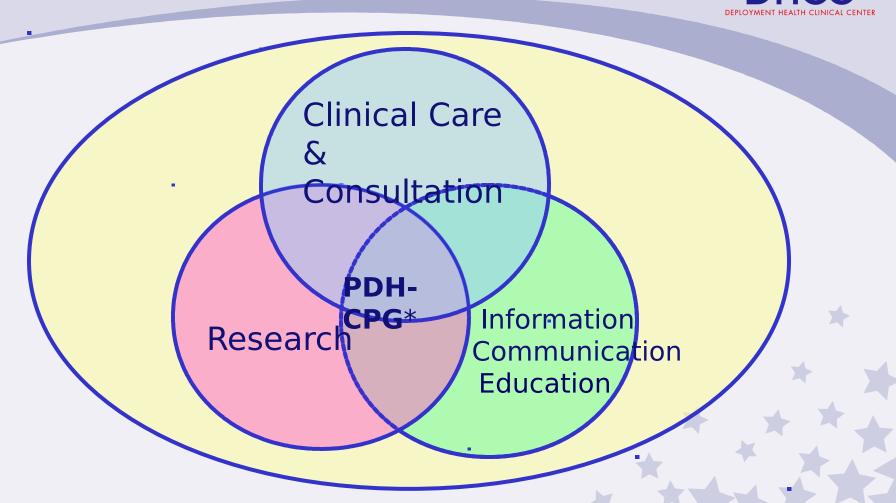
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DHCC Scope of Services

DoD Center of Excellence for Post-Deployment Care



*PDH-CPG = Post-Deployment Health Clinical Practice Guideline

Staff Training and Assistance Team



(STAT)

- Background Created in Spring 2003 in conjunction with Army Surgeon General's initiative to reinvigorate implementation of the PDH-CPG
- Staffing 2 positions (1 vacant)
- Purpose
 - Support PDH-CPG through
 - Development of educational products
 - Providing training and advice on implementation of the PDH-CPG (e.g., Staff Assistance Visits)
 - Support post-deployment health clinical care through
 - DHCC Helplines
 - DHCC Web site
 - Coordination of follow-up of Depleted Uranium and Nerve/Mustard Agent Exposures

Staff Training and Assistance Visits (SAVs)

- Purpose
 - Provide training on the PDH-CPG and support tools for primary care providers and support staff
 - Offer advice and assistance on PDH-CPG implementation
- Site selection
 - Based on MTF request and approval by DHCC Director
- ◆ SAVs completed as of 30 Jun 05
 - Army Ft Stewart Oct 04, Ft Benning Dec 04, Ft Lewis (training only) Mar 05
 - Air Force Luke Sep 04, McGuire Oct 04, Andrews (training only) Oct 04, Dover Nov 04
 - Navy Bethesda (training only) Apr 05

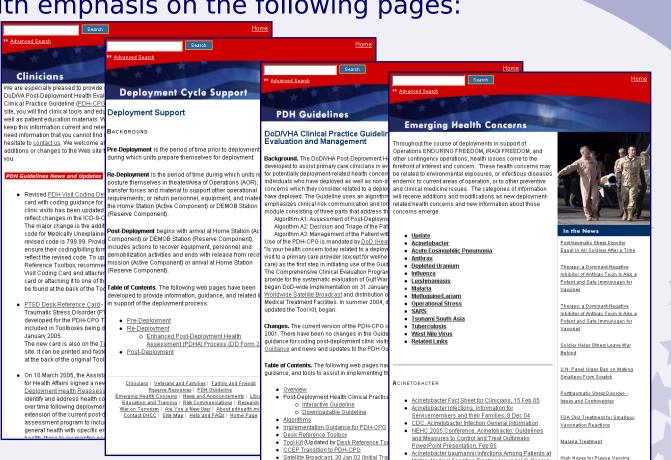
STAT Support of DHCC Web Site





508-Compliant Site

♠Research and develop content for PDHealth.mil with emphasis on the following pages:



Military Medical Facilities Treating Injured U.S. Service Members, 2002–2004, MMVVR 53(45) Pages 1063-

Emerging Health Concerns (EHC) Resources on www.PDHealth.mil

DEPLOYMENT HEALTH CLINICAL CENTER

- Reference sources
 - Tri-Service policies and directive
 - Related internet links
- Provider information
 - Clinical guidance
 - Fact sheets
 - Forms and measures
 - Educational material
 - Research information
- Patient information
 - Fact sheets
 - Educational material



Leishmaniasis
Depleted Uranium
Mefloquine/Lariam®
Malaria
Acute Eosinophilic
Pneumonia
Tuberculosis

Anthrax
Operational
Stress
West Nile Virus
Influenza
Acinetobacter
SARS

DHCC Clinician Helpline



- ↑ 1-866-559-1627
- ♠ Types of Provider Calls
 - Medical concerns
 - General information re: work-up, diagnosis & treatment
 - Education
 - Web site resources
 - Service member expert consultation
 - Psychosocial concerns
 - General information re: diagnosis and treatment options
 - Education
 - Web site resources
 - Sources of care
 - Policy questions
 - Eligibility questions for DoD civilians and DoD contractors

DoD Helpline

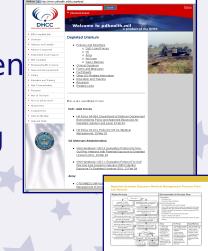


- 1-800-796-9699
- Types of Service/Family Member Calls
 - Medical concerns
 - General information
 - Diagnosis
 - Treatment
 - Psychosocial concerns
 - General information
 - Treatment
 - Access to care (especially Reserve Component)
 - Validation seeking re: caller's perception of etiology of health concerns

DHCC's Role in Implementing ASD(HA) Depleted Uranium Policy



- ◆ 30 May 2003, OSD(HA) 03-012, Policy for OIF Depleted Uranium (DU) Medical Management
 - Central archive for all DoD patient information related to DU exposure, testing, and follow-up for active duty and reserve personnel
 - Coordination of referral of DU positive patien to Baltimore VA DU Follow-Up Program
 - Clinical guidance for implementing DoD DU Policy
 - Clinical consultation
 - Tools and resource material



Questions, Information, Assistance



DoD Deployment Health Clinical Cente Walter Reed Army Medical Center Building 2, Room 3G04 6900 Georgia Ave, NW Washington, DC 20307-5001

202-782-6563 DSN:662

Provider Helpline 1-866-559-1627

E-mail: pdhealth@na.amedd.army.mil

Website: www.PDHealth.mil

Patient Helpline 1-800-796-9699